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March/April/May Events

## GREAT NEWS!

### WE CAN ALL SAVE MONEY ON THE ITEMS WE ARE PURCHASING USING AEPA PRICING!

While we are all looking forward to the coming summer months, we are also thinking ahead to the beginning of school in August when we will need new equipment and supplies. Trying to purchase these items and looking at budget cuts and price increases can be challenging. That's where this GREAT NEWS comes in. The eight regional service agencies have entered into a cooperative purchasing consortium (Association of Educational Purchasing Agencies (AEPA)) with a list of vendors who are committed to saving schools and school districts money on the very products they most need. The West Virginia Regional Education Service Agencies (RESA) and the Association of Educational Purchasing Agencies (AEPA) have compiled a cooperative purchasing vendor list which includes names of vendors, the type of products they sell, and contact information. Purchasing from these vendors couldn't be easier:

1. From the vendor list, find a company that sells the items you need.
2. Contact that vendor(s) and discuss product order for the items you need.
3. Be sure to ask for the WV AEPA prices.
4. Receive the quotes and choose the one that is right for you.
5. Fill out your school district's required paperwork and receive your items!

Plus, there are more advantages to using the AEPA vendors! First, no bidding is required since national bidding has occurred. Second, you may get help from RESA 2 if you need it. Simply contact Brenda Stevenson at [bstevens@access.k12.wv.us](mailto:bstevens@access.k12.wv.us) or 304-416-0039 and she will be happy to assist you. She will also be glad to send you the vendor list if you email her. Finally, any non-profit group in the state of West Virginia may use these vendors; therefore, if you are part of a group such as churches, PTA's, faculty senates, colleges and universities, boy scouts, etc., you may purchase items for their use also. Just remember to ask for AEPA RESA 2 pricing.

You will find the items available for purchase from these vendors to be quite extensive and range from pencils to athletic surfaces. Some of the vendors will require you to register and some will give you a password into their sites, but any of these registrations are quick and easy to accomplish. Plus, remember, RESA 2 is there to help you! So, what's stopping you from saving money????

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## AEPA BENEFITS TO COUNTIES

Purchasing cooperatives have become an essential tool for businesses and communities. Education must also embrace this strategy to assist counties and schools in reducing costs and obtaining better quality products and services. Often in rural communities with relatively small markets, educators can experience higher cost access to some products. The RESA 2 counties are embracing the opportunity to save money and consequently provide more resources for schools and students.

The major benefits of purchasing associations are generated either through price discounts or from a system of rebates from the manufacturers. The WV RESA Cooperative offers both discounts and rebates on products. Rebates can be received from vendors when a certain threshold of sales is reached. Cooperative purchasing is popular because it can save significant time and money in contract production as well as lower contract prices through the power of aggregation. It is vital for procurement and public officials to understand best practices and make informed decisions about cooperative purchasing as they would any other purchasing decisions.

The ability to use/share cooperative purchasing allows for reallocation of internal resources. Cooperative contracts reduce administrative costs because the preliminary work has been done. Cooperative procurement contracts are convenient. Instead of seeking quotes, bids or



Gary Hendricks, Treasurer, Angie Wamsley, Accountant, and Superintendent Suzanne Dickens, Mason County, examine cooperative purchasing opportunities.

proposals, customers simply select products and services from the cooperative contract catalog, saving considerable time and effort. When contracted by a lead state or local government, cooperative procurement contract customers can be assured that the contract has been done in accordance with state's regulations. Cooperative procurement allows counties and schools to better utilize procurement resources for other contracts and tasks.

RESA 2 salutes the work of counties as they strive in a steadfast manner to find the best possible savings for schools. This process will translate into the ability to do more for students.

*"Through RESA Cooperative Purchasing, Mason County Schools has enjoyed the benefits of this streamlined and deeply discounted purchasing. It truly is both a money and time saver, and we are happy to be working with RESA 2, to the benefit of all involved. Specifically, the on-line purchasing, which is helping Mason County Schools by reducing the cost of supplies and time spent ordering, providing prompt feedback from the vendor, and facilitating the WVEIS requisition process."*

### PRINCIPALS IN RESA 2 CONTINUE TO PARTICIPATE IN MCREL LEADERSHIP WORKSHOPS

Approximately forty principals from schools located within Regional Education Service Agency 2 (RESA), comprising Cabell, Lincoln, Logan, Mason, Mingo and Wayne counties attended the third in a series of four Balanced Leadership Workshops at the Huntington Ramada Limited on March 14-15, 2013. The Mid-Continent Research for Education and Learning (McREL) presents the workshops through a partnership with RESA 2. The purpose of the workshops is to support principals in developing strategies to create and sustain high performing schools. Greg Cameron, Senior Director for McREL, delivers the professional development sessions. McREL is a private, non-profit education research and development corporation founded in 1966 to turn knowledge about what works in education into practical guidance for educators.

The first two workshops, held in October and November of 2012, provided participants with an overview of the latest McREL research pertaining to the characteristics of effective principals. In addition, participants were introduced to effective avenues regarding the development of a "purposeful" community.



*Logan principals participating in the McREL Balanced Leadership PD have developed their own take on the Common Core.*

[http://www.resa2.com/?page\\_id=3310](http://www.resa2.com/?page_id=3310)

The most recent session focused on managing change and allowed participants to collaboratively examine the work of several change theorists including: William Bridges, Larry Cuban, Michael Fullen, Ron Heifetz, Kurt Lewin, Everett Rogers and Alan Deutschman. Each principal next identified needed area(s) of school change and developed a plan for successful implementation of the change. Implementation of each principal's plan for change, including successes and challenges, was shared during the final workshop at the Huntington Ramada Limited on April 15-16, 2013.

### REGIONAL MATH FIELD DAY COMPETITION

Regional Math Field Day was held on March 8, 2013 at the Logan County campus of Southern Community and Technical College. County math field day winners from each of the six counties comprising RESA 2 were invited to the regional competition. In grade levels 4-9 first, second, and third place county winners participated and winning county teams consisting of 10 team members participated from grade levels 10-12.

RESA 2 would like to thank Phyllis Doty, Logan County Schools, for planning the regional event. In addition a big thanks goes to Dr. Paula Lucas, Marshall University, for test coordination and to the scorers, proctors and those assisting with serving snacks/lunch to student participants.

Winners at Regional Math Field Day are eligible for state level competition which will be held on April 27, 2013 at West Virginia State University, Institute, WV. Eighteen students in grades 4-9 placing either first, second or third in regional competition have been invited to participate at the state level. Ten students in grades 10-12 have been invited to participate at the state level.



*Ernest Amburgey, Logan County Assistant Superintendent (far left), Phyllis Doty, Logan County Elementary Education Director, and Karen Davies (far right) pose with a group of Regional Math Field Day winners.*

Questions regarding regional or state math field day events can be addressed to Dr. Karen Davies, RESA 2 Assistant Executive Director, at [kdavies@access.k12.wv.us](mailto:kdavies@access.k12.wv.us) or (304) 529.6205 ext. 24. Good luck to all the RESA 2 winners in state competition!

### RESA 2 REGIONAL COUNCIL MEETINGS

Leadership and collaboration are at the heart of successful educational processes. This collaboration requires building a culture that is founded upon trust and respect among the members of the community. Such a culture takes time to build and careful attention to the needs of all partners. There is a large body of research that points to the importance of professional collaboration, trust, and collegiality to support positive school outcomes.

The elements of working together, discussing what will impact students' success and operational decision making are an important part of RESA 2's mission. It is critical that the combination of superintendents, local board members, teachers, principals and higher education professionals share in building support for our respective counties and the students each serves. In this issue of our Bulletin, we share pictures from our Regional Council Meeting in Mason County.



*Cabell, Logan and Wayne  
County Networking*

*Mason Board Chair, Tom Nunnery  
and Dale Shobe, RESA 2 Mason  
County Regional Council  
Member; Dr. Debbie Varner,  
WVDE, and Mason County Staff*



*Superintendent Bill Smith,  
Cabell County; Mike Carter,  
RESA 2 Mingo County  
Regional Council Member;  
and Bennie Thomas, RESA 2  
Cabell County Regional  
Council Member*



## SUPPORT FOR PERSONALIZED LEARNING (SPL)

RESA 2 was the venue for Support for Personalized Learning (SPL) training for Middle School principals on March 5, 2013. Thirty-eight principals and central office staff attended a one-day session led by Dr. Christi Chambers, WV Department of Education, Office of Special Programs. Dr. Chambers reiterated the importance of SPL and provided participants with scheduling initiatives and ideas on how to build the school day in a way that supports SPL. Participants were provided the book [Ahead of the Curve: The Power of Assessment to Transform Teaching and Learning](#) by Douglas Reeves. In this book Reeves aligns assessment with a distribution of achievement, called a "mountain curve". Dr. Chambers cited Reeves' work in an effort to motivate principals to initiate more effective practices.



*Middle School principals attend SPL training.*

## ACAMS TRAINING READIES COUNTIES FOR SECURITY UPDATES

School safety and emergency planning took center stage as 17 county board of education employees were trained to use a federal safety database during a four-day training at RESA 2 on February 25-28, 2013.

School safety has become an increasing concern for schools across the nation. School personnel have to worry about active shooter incidents like the ones that

have drawn nationwide attention and a host of other potential hazards that can adversely impact the functioning of a school - floods, power outages, fires, extreme cold or heat, tornadoes, for example.

The West Virginia legislature passed Senate Bill 592 during the 2011 session to address emergency planning for schools. The law requires the WV Department of Education to ensure all WV schools implement a crisis response plan which meets a minimum standard as established by WV Department of Homeland Security and Emergency Management.

West Virginia elected to use a system created by the US Department of Homeland Security, the Automated Critical Asset Management Systems (ACAMS) as the basis of its emergency planning process.

ACAMS is a web-enabled information services portal that helps state, local, tribal, and territorial governments build critical infrastructure protection programs.



*Dallas Staples, former Charleston Police  
Chief and Statewide Contact presenting to  
participants*

ACAMS provides a set of tools and resources that help law enforcement, public safety and emergency response personnel:

- Collect and use critical infrastructure asset data,
- Assess critical infrastructure asset vulnerabilities,
- Develop all-hazards incident response and recovery plans, and
- Build public-private partnerships.

ACAMS allows for the collection and management of critical infrastructure asset data; the prioritization, analysis, and visualization of this data; the production of tailored infrastructure reports; one-click access to critical asset data to inform emergency response, and the development of a variety of pre- and post- incident response plans useful to strategic and operational planners and tactical commanders.

Using ACAMS also provides state and local governments with a practical way to create and maintain incident management response data source that allows first responders and other authorized users to retrieve key data during an event.

A third-party contractor was hired to complete the initial security assessments on every school in West Virginia. As part of this effort, every county board of education must have two staff members - a primary contact and an alternate - trained in how to use the ACAMS system. The county contacts are assigned to manage each county's data and update it as needed. Each school must have two school level contacts to update their site's data as well.

RESA 2's professional development staff, along with two national level ACAMS trainers, familiarized attendees with the basics of the system, taught the basics of incident management and recognizing the critical factors that would adversely affect a school's ability to function, and led the trainees on a mock assessment of a

local Cabell County school.

“While most of the initial assessment has been completed, counties need to be able to update their information say, if they build a new school or an addition to a school,” Keith Dalton, Regional School Wellness Specialist, said.

Representatives from all six RESA 2 counties, and representatives from Nicholas, Pocahontas, and McDowell Counties also attended.



*ACAMS attendees and trainers.*

### CENTRAL CITY ELEMENTARY TEACHERS TAKE OWNERSHIP OF IPI DATA

Central city Elementary has participated in the collection of Instructional Practices Inventory (IPI) for the past three years. IPI observations are scheduled once each nine weeks and are collected over a one-day period per visit. Trained observers visit classrooms many times during the day for a quick observation to record student engagement and depth of learning. Representatives from RESA 2 conducted the observations for the first two years. This year, in an effort for teachers to develop a deeper understanding of the process, the school’s principals and a majority of teachers were trained as IPI observers.

During the 2012-2013 school year RESA 2 representative Dr. Karen Davies has worked with four teachers trained to conduct IPI observations to transfer ownership of the process to the school staff. Four CCES teachers, Holly Fisher (Title I), Megan Cassidy (kindergarten), Briane Seplocha (fourth) and Andrea Queen (Title I), have conducted IPI observations and prepared the data for teacher analysis. Additional teachers will be provided the opportunity to conduct IPI observations as the school year progresses.



*Fourth grade teacher Briane Seplocha works with Title I teacher Andrea Queen to enter IPI observation data at Central City Elementary (Cabell County).*

Principal Patrick O’Neal says he is “thrilled that teachers are stepping up to take ownership of the IPI process” and that “our school has greatly improved as a result of teacher efforts to adjust instruction based on IPI results”. Mr. O’Neal’s goal is to provide an opportunity for all teachers to be trained to conduct peer observations.

### WAYNE MIDDLE SCHOOL TEAM TWO WINS WV DIVISION OF CULTURE & HISTORY’S REGION 2 HISTORY BOWL TOURNAMENT

Wayne Middle School Team Two won the WV Division of Culture & History’s Region 2 tournament for the 2013 WV History Bowl on Saturday, February 23 at Milton Middle School in Milton. Milton Middle School Team One was the runner up.

Region 2 is made up of students from Cabell, Lincoln, Logan, Mason, Mingo and Wayne counties. Competitors included teams from Beverly Hills Middle, Huntington Middle, Milton Middle, Cabell County; Duval Elem/Middle, Lincoln County; Chapmanville Middle, Logan Middle, Logan County; Hannan HS, Wahama Jr/Sr HS, Mason County; Burch Middle, Gilbet Middle, Matewan Middle, Williamson Middle, Mingo County; Crum Middle, Ft. Gay Middle, Wayne Middle, Wayne County; and St. Joseph Catholic School, Huntington. Beverly Hills, Ft. Gay, Hannan, Logan, Matewan and Wahama each fielded one team; all others fielded two.

The WV History Bowl features questions about the state’s history, culture, heritage, tourism and people. Those questions are compiled by the staff of the Archives and History Section of the WVDCH.

The Archives and History staff has developed more than 1,800 questions for its on-line Quick Quizzes. Teams that are preparing for the History Bowl tournaments may use the Archives and History Daily Trivia and Quick Quizzes as helpful tools from the Division’s website: [www.wvculture.org/history](http://www.wvculture.org/history).

Eighth graders in public, private and home school education programs are eligible to compete on the four-person teams in double-elimination tournament play. The regional winners and runner-up teams from each RESA district will move forward to the state tournament which will take place April 30 at the culture center, State capitol Complex in Charleston.

For more information about the annual competition, contact Bryan Ward, assistance director of archives and history for the Division and coordinator of the tournament, at 304.558.0230.

### MODEL SCHOOLS CONFERENCE

The 21st Annual Model Schools Conference: Doing More With Less - Common Core, Next Generation Assessments, Teacher Evaluations will be held June 30-July 3, 2013 in Washington, DC. Twenty-five model schools will share innovative practices for Common Core Success; effective and efficient approaches to meeting increased expectations in times of declining resources; explicit modeling of instructional practices for student achievement; and Common Core “deep dive” sessions focusing on literacy, mathematics, technology, and career readiness (see attached brochure).

Register today: [www.modelschoolsconference.com](http://www.modelschoolsconference.com)

RESA 2 and the International Center for Leadership in Education have entered into a partnership for this conference. When using registration forms, insert RESA 2 pricing into form for discount pricing.

## COMMUNITY SCHOOLS PRESENTATION AT REGIONAL WELLNESS MEETING

Creating partnerships with communities and schools and reviewing this year's school health progress highlighted the RESA 2 regional wellness group meeting on March 5, 2013.

The assembly of county representatives and regional wellness and service providers heard a presentation by Paula Fields, Coordinator with WV Office of Healthy Schools, following a review of the successes within RESA 2 in addressing school health needs.

"In listening to everyone, I am hearing components of the community schools model in every county," Fields said.

Fields reviewed the Community Schools concept with the group. The purpose of the model is threefold: 1) Creating partnerships between the school and other community resources. Using public schools as hubs, community schools bring together many partners to offer a range of supports and opportunities to children, youth, families and communities; 2) An integrated focus on academics, health and social services, youth and community development and community engagement; 3) Making schools the center of the community and ensuring they are open to everyone - all day, every day, evenings and weekends.

"Community schools are about focusing joint community and school resources on student success which leads to community success," Fields said. "The end result should be improved student learning, stronger families and healthier communities."

Community schools include: Health & Social Supports; Engaging Instruction; Extra Learning Opportunities; Early Childhood Development; College, Career & Citizenship; Community Engagement; Family Engagement; Strategic Alignment; and Youth Development.

The findings suggest that when all the conditions for learning are integrated in a single environment, the benefits are multiplied. In the 20 evaluations reviewed, findings showed the following improvements in:

- **Student Learning:** Community school students show significant and widely evident gains in academic achievement and in essential areas of non-academic development.
- **Family Engagement:** Families of community school students show increased stability and are more able to meet basic needs. They communicate more with teachers and are more involved in their children's school.
- **School Effectiveness:** Community schools enjoy improved parent-teacher relationships and increased teacher satisfaction. School environments are more positive and community support increases.



*Paula Fields, Coordinator  
WV Office of Healthy Schools*

- **Community Vitality:** Community schools promote better use of school buildings, and their neighborhoods enjoy increased security, heightened community value and better rapport among students and residents.

Fields said that schools may not be able to put all the pieces into place immediately, but that counties should at least introduce the concept to their communities and try to identify supports and barriers to implementing the community school concept.

Information Links:

Cincinnati Public Schools Community Schools Video  
<http://vimeo.com/55401554>

Coalition for community Schools  
[www.communityschools.org](http://www.communityschools.org)

What is a community school?  
<http://www.communityschools.org/assets/1/AssetManager/Community%20School%20Definition%20and%20Graphics.pdf>

Community school check list  
<http://www.communityschools.org/assets/1/AsstManager/csassessment.pdf>

## REGIONAL SOCIAL STUDIES FAIR COMPETITION

The Regional Social Studies Fair was held on March 5, 2013 at the Big Sandy Super Arena in Huntington, WV. Student winners at the county level were invited to submit a project in one of ten categories including: anthropology; economics; geography; political science; psychology; state and local studies; U.S. history; world history and international studies.

RESA 2 would like to thank Lenora Richardson from Cabell County Schools for coordinating this event. In addition, a big thanks goes to all of the judges and others who assisted in making this year's social studies fair so successful.

Regional winners (posted on the RESA 2 website) are eligible for state level competition which will be held on April 26, 2013 at the Charleston Civic Center. Information regarding the state social studies fair including a schedule of events, official results and category descriptions can be found at this link: <http://www.wvssfair.com>.



*Abigail Spence, 5th Grade, Lenora  
K-8, 1st Place - Trout Fishing*



*Jordan Mounts & Katie Robinson,  
Tug Valley HS  
1st Place Winners*

## MINGO COUNTY'S SCIENCE, TECHNOLOGY, ENGINEERING & MATHEMATICS (STEM) PROGRAM

Have you ever seen a match suddenly go out in a plastic bag full of "air"? Did you know your eyes can only see three colors? Can you build a robot using cardboard boxes, egg crates, and foam?

Students in Mingo County have built robots from common craft materials, learned how their eyes blend red, green, and blue to see all the colors in the rainbow, and marveled as basic kitchen supplies become scientific experiments as part of Mingo County's STEM Program. Led by Dr. Richard Duncan, STEM Coordinator, students at the elementary, middle and high school level are seeing an increased focus on science and mathematics integrated with technology and engineering in hands-on, engaging ways.

Through classroom visits and special projects students and teachers learn how exciting and engaging teaching science can be. This spring, students at Burch Middle School completed the first Arts+Bots

projects in Mingo County, using common craft materials and art supplies to construct a robotic representation of their alter ego. Together with an electronics kit known as the Hummingbird, the students brought their



*Students at Matewan Elementary explore how colored light mixes.*



*Combining an art project with electronics, students at Burch Middle work with common craft materials to construct simple robots in an Arts+Bots project.*

creations to life, adding motors, LEDs, and even speech. Arts+Bots was developed at Carnegie Mellon University's CREATE Lab and was brought to Mingo County in partnership with Marshall University.

At the elementary level, teachers and students see how basic kitchen

supplies can turn a simple plastic bag into a fire extinguisher, a pile of sand and sugar into a sedimentary rock, or even cause an egg to be "sucked into" a glass jar without outside interference. Students also explored how colored light mixes to form new colors, while many colored inks are themselves unexpected mixtures of other colors. This summer, in collaboration with MU Graduate College, a science institute will be offered to show 3rd-6th grade teachers how to integrate science lessons into their daily curriculum using a modern, kit-based approach.

But the younger students aren't the only ones having all the fun! High school students at Mingo Central Comprehensive HS are exploring STEM careers through

Project Lead the Way's nationally acclaimed pre-engineering courses. At Tug Valley HS, local FIRST Robotics team Pantherbots (Team 4990) participated in a summer mini-camp emphasizing computer programming and systematic design. In addition to continuing and expanding these programs, future curricula are being planned to enrich students in computer science, technology, and advanced topics in science and mathematics to better prepare students for the 21st century workforce. This STEM Project is supported through a RESA 2 partnership.

## FIRST ROBOTICS: WAYNE HIGH SCHOOL

FIRST Robotics was founded in 1989 by inventor Dean Kamen to give high school students an opportunity to engage in STEM-based problem solving by designing and building robots to perform ever-changing, ever-evolving tasks. High school students compete in two different competitions, FIRST Robotics Challenge (FRC) and FIRST Tech Challenge (FTC). There are two FRC teams and seven FTC teams in RESA 2 competing in FIRST.

On both levels, students receive a kit of parts that include metal, motors, sensors, wheels, and a microcontroller. From this kit of parts, students design and build a robot to play a game. The games change each year, making students rely on



*Students explain and demonstrate how their competition robot works.*

previous knowledge and creativity to develop new solutions to new problems. Both competitions offer open-ended learning, and opportunities to learn in creative ways. This year's FRC game revolved around playing Frisbee golf and climbing a ladder. This year's FTC game was a large game of 3D tic-tac-toe. Robots picked up colored rings to hang on a set of pegs set at different heights to score.

Teams from different states compete against each other through a set of qualifiers and then an elimination



*2nd & 3rd grade students from Wayne Elementary learn about humanoid robotics.*

tournament to determine a winning alliance. On the FRC level, three teams will be part of the winning alliance. On the FTC level, two or three teams will be part of the winning alliance. Mingo County's FRC team placed in the top four out of fifty teams at both the North Carolina Regional and the

Smokey Mountain Regional. Wayne High School's FTC team placed in the top 4 in both the Ohio Qualifier and the WV FTC Championship. Wayne lost in the finals at the WV Championship to two teams from Maryland.

Tug Valley's FTC team finished in the top five at the WV Championship.

A team from Logan will represent West Virginia at the FTC World Championship. At last year's World Championship, Wayne High School competed with teams from China, Mexico, Singapore, Taiwan, and Russia. Working with teams through interpreters and having limited ability to communicate added an entirely new level to the competition.



*Robotics teams from Wayne HS and the Ralph R Willis Technical Center enjoy a win at the WV FTC Championship.*

Another purpose of FIRST is to spread the word about the importance of STEM. Students use robotics to show how the world is evolving technologically, and the need to develop a new group of students who want to pursue careers in science and engineering.

FIRST's impact on Wayne High School has been dramatic. The success of the program caught the eye of Principal Sara Stapleton. She worked with RESA 2 to find funding to start a pre-engineering program (Project Lead the Way) at the school. Prior to starting FIRST, only one or two students graduated with the intention of pursuing a degree in STEM or computer science. Last year, ten students graduated with the intention of pursuing degrees in engineering or computer science. Ten students completing the program this year will major in a STEM field in college, and as many as 16 juniors are planning to major in a STEM field. Because of the success of the program, Project Lead the Way has been added to the curriculum at Spring Valley High School. It is seeing the same results there.

Robotics team members have collaborated with middle schools and elementary schools. They participated in engineering days at local middle schools. Recently the team worked with groups of second, third, and fourth grade students from Wayne Elementary. The elementary students got a chance to drive robots, fire off model rockets, and break bridges to show them how important science, engineering, technology, and math are to their future. From very simple beginnings, FIRST robotics has had a major impact on the future of education in Wayne County.

## COACHING FOR LEARNING

In the 2012-2013 school year, in an effort to support coaches and mentors as outlined in WVBOE policy 4236, the West Virginia Department of Education (WVDE) developed a coaching cohort organized by job-alike learning teams and supported by a facilitator-led structure that targeted implementation of the continuous school improvement model. The cohort, lead by Linda Bragg, studied content recommended by a West Virginia Stakeholders' Coaching Task Force and from collaboration with consultants from national educational institutions, Edvantia and the Southern Regional Education Board (SREB).

One hundred eighty academic coaches across WV began the study and approximately 90 will earn an advanced credential because of their commitment to this work. Coaching for School Growth is a learning-by-doing model and aligned to the WV High Quality Standards for Schools and the WVPTS.

On March 12, 2013 coaches from RESA 2 and RESA 3 met in the Huntington RESA office to recognize those coaches earning an advanced coaching credential and to discuss the possibility of continued regional support. In addition, the coaches shared student successes as a result of the learning process and were provided time to discuss continued needs. This information will be shared with the RESA 2 Professional Development Consortium for consideration of next steps to support academic coaching.

## RESA 2 HEALTH & EXERCISE PROGRAMS

Getting Active! That is what the staff at RESA 2 is doing. We have decided that 'getting active' is not a matter of choice; everyone needs to take their health very seriously. We believe that when we feel better and have more energy to perform our daily tasks, it makes our workplace an upbeat and efficient place to be!

Over the past few years we have hosted two Health Screenings, sponsored by PEIA, inviting our counties to participate as well. Through the Lifestyle Change Program offered through the PEIA Pathways to Wellness Program, RESA 2 has been active with the Head to Toe Stretching for Better Health, Walk 100 Miles in 100 Days, and the Yoga Program.



Currently, the RESA 2 staff participates in Yoga, Exercise Ball, Pilates, and a walking program at least three times a week and feel that it helps with productivity and effectiveness at work, promotes life morale, improves health and wellness, and decreases stress.

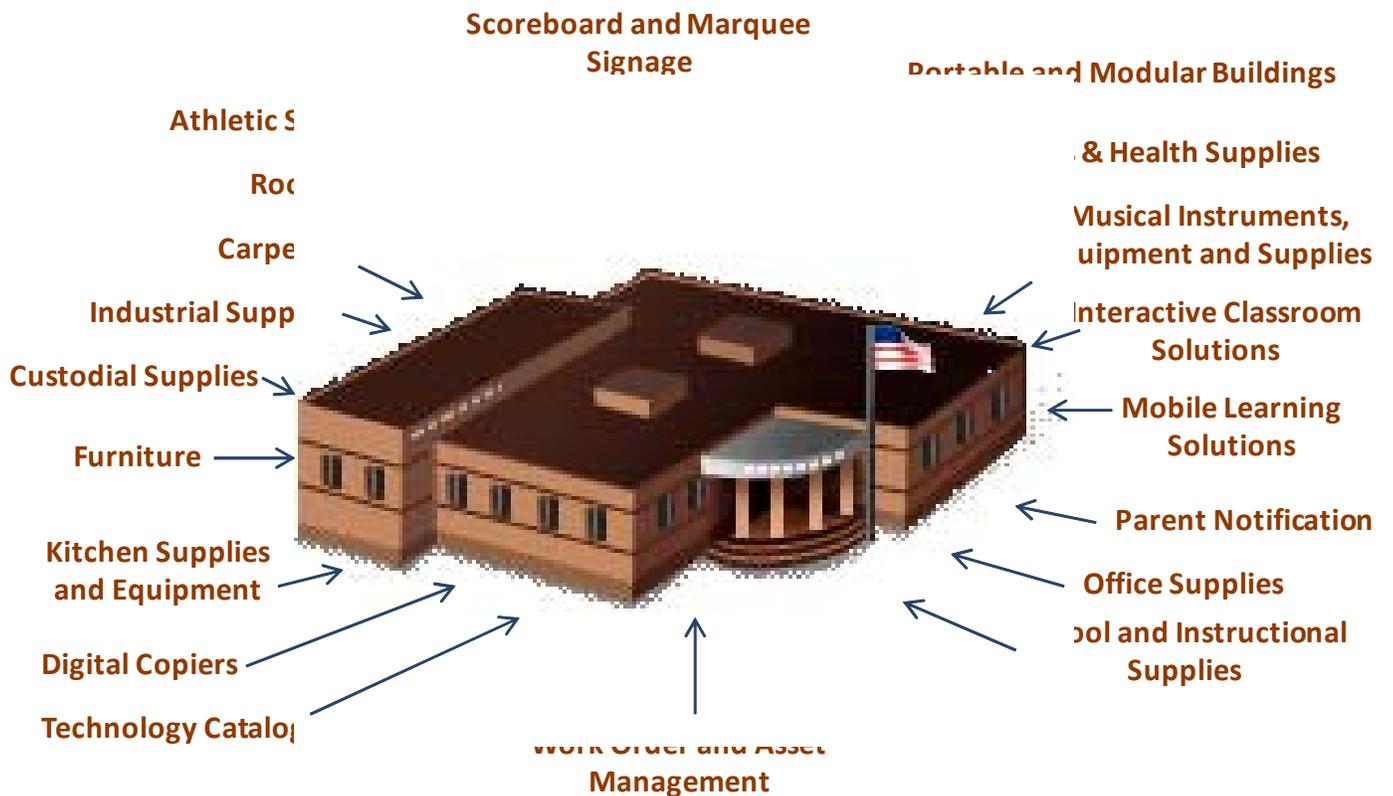
It is great to work in an environment that the well-being of the employees is so genuine and we are encouraged to take a few minutes of our day to "Get Active"! Many thanks to Kathy Cornell, WVEIS Specialist, for organizing the RESA 2 health initiatives.



*Staff started participating in Yoga in 2011-2012.*

# AEPA Purchasing will save your school or agency time and money.

Regional Education Service Agencies understand the challenges of managing purchasing in a cost effective manner. Purchasing through AEPA could not be simpler. Bidding is not required for purchases as this process occurs at the national level.....another feature to reduce time and money.



For information, contact one of the eight Regional Education Service Agencies or 1-800-967-7372/ 304-529-6205 x 26 or 10 – website: [resa2.k12.wv.us](http://resa2.k12.wv.us)